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ancient (adj) = very old / αρχαίος, παλιός
creature (n) = a living being / πλάσμα, ζώο
marine reptiles (phr) = cold-blooded animals that live in the sea / θαλάσσια ερπετά
temperate (adj) = mild / ήπιος, ούτε πολύ κρύος ούτε πολύ ζεστός
specific (adj) = particular / συγκεκριμένος
shell (n) = the hard covering on a turtle's body / καβούκι, κέλυφος
perfectly designed (phr) = ideal for the purpose it was made for / τέλεια σχεδιασμένος (για να εξυπηρετεί ένα σκοπό)
glide (v) = to move smoothly / κυλάω, κινούμαι απαλά
vary (v) = to differ / διαφέρω, ποικίλλω
species (n) = the animals of a particular group / είδος ζώου
critically (adv) = extremely seriously / σημαντικά, σε μεγάλο βαθμό
endangered species (phr) = animals in danger of extinction / είδος ζώου που απειλείται με εξαφάνιση
face (v) = to confront / αντιμετωπίζω
threat (n) = a danger / απειλή
survival (n) = the act of continuing to exist / επιβίωση
hatch (v) = (of an animal) to come out of an egg / (για ζώο) εκκολάπεται, βγαίνει απ' τ' αυγό
at risk (phr) = in danger / σε κίνδυνο
fox (n) = αλεπού
raccoon (n) = ρακούν (μικρό θηλαστικό με πυκνό τρίχωμα)
seagull (n) = γλήρος
adult (n) = a fully-grown person or animal / ενήλικος
predator (n) = a carnivorous animal that preys on other animals / αρπακτικό ζώο
watch out (for) (phr v) = to be careful of / προσέχω, φυλάγομαι από
turtle population (phr) = the number of turtles living / πληθυσμός χελωνών
conserve (v) = to save; to protect / προφυλάσσω, προστατεύω
maintain (v) = to keep sth as is / συντηρώ, διατηρώ
ecosystem (n) = a system involving interactions between a community of living organisms in a particular area and its non-living environment / οικοσύστημα
coast (n) = the area of land next to the sea / ακτή
rare (adj) = not common / σπάνιος
skin (n) = the natural layer that covers a human or an animal / δέρμα
active (adj) = moving around a lot / δραστήριος, ζωηρός
narrow (adj) = not wide / στενός
hawk-like (adj) = being like a hawk (a large bird that hunts birds and animals) / που μοιάζει με γεράκι
on record (phr) = recorded / που έχει καταγραφεί επίσημα
weigh (v) = to have a particular number of kilos / ζυγίζω, έχω βάρος
massive (adj) = very big / ογκώδης, τεράστιος

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apart from (prep) = except for / εκτός από, με εξαίρεση
polar regions (phr) = the areas surrounding the North and South Poles / πολικές περιοχές
coast (n) = the area where the land meets the sea / ακτή
feeding ground (phr) = an area where a particular animal goes to eat / περιοχή όπου πηγαίνουν τα ζώα για να τραφούν
female (adj) = related to women / θηλυκή
journey (n) = a long trip somewhere / μακρινό ταξίδι
glide (v) = to move easily and smoothly / κινούμαι απαλά

carapace (n) = the shell of a turtle / όστρακο χελώνας
pale (adj) = not dark / ανοιχτόχρωμος
plastron (n) = the lower part of the shell of a turtle / το κάτω μέρος του όστρακου της χελώνας
underneath (adv) = on the lower side / από κάτω, στο κάτω μέρος
flippers (n) = flat broad limbs of aquatic animals / πτερύγια
back and forth (phr) = to and fro / πέρα-δώθε
gracefully (adv) = showing beauty and ease / με χάρη
hatch (v) = to emerge from an egg / εκκολάπτομαι, βγαίνω απ' τ' αυγό
nest (n) = a place where turtles, etc. lay eggs / φωλιά
nesting ground (phr) = an area where animals go to build their nests / περιοχή όπου τα ζώα κάνουν τις φωλιές τους
lay eggs (phr) = to produce eggs / γεννώ αυγά
century (n) = a hundred years / αιώνας
generation (n) = an age group / γενιά
migration (n) = the act of moving from one place to another / μετανάστευση, αποδημία
route (n) = a way / πορεία, διαδρομή
hatchling (n) = a young animal that has just come out of its egg / το ζώακι που μόλις βγήκε απ' τ' αυγό
underwater (adv) = under the water / κάτω απ' το νερό
surface (n) = the top part of sth / επιφάνεια
remain (v) = to stay / παραμένω
breathe (v) = to take in and let out air / αναπνέω
fill (v) = to make full / γεμίζω
lung (n) = each of the organs we use to breathe / πνεύμονας
breath (n) = the air you take in when you breathe / αναπνοή
oxygen (n) = a colourless gas which is needed by all living creatures / οξυγόνο
power (v) = to provide energy to make sth move/work / κινώ, δίνω ενέργεια
spread out (v) = to stretch out / απλώνω, τεντώνω
position (n) = the way sb/sth is standing, sitting or lying / θέση, στάση σώματος
bottom (n) = the ground under the sea / ο βυθός της θάλασσας
temperature (n) = a measurement of how hot/cold sth is / θερμοκρασία
heart (n) = the organ that pumps blood around the body / καρδιά
beat (v) = to make regular rhythmic movements / χτυπά ρυθμικά
impressive (adj) = wonderful; amazing / εντυπωσιακός
direction (n) = the general line that sb/sth is moving in / κατεύθυνση
wave (n) = a raised mass of water on the surface of the sea / κύμα
detect (v) = to sense sth / εντοπίζω, ανιχνεύω
magnetic field (n) = an area surrounding a magnet or sth that acts like a magnet / μαγνητικό πεδίο
skill (n) = a special ability / ικανότητα
navigate (v) = to find the right direction to a place / βρίσκω το δρόμο μου, δε χάνομαι

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achieve (v) = to manage to do / καταφέρνω, κατορθώνω
impossible (adj) = not possible / απίθανο, αδύνατο να συμβεί
sandy (adj) = consisting of, or covered in, sand / αμμώδης
rush (v) = to move in a hurry / ορμώ, τρέχω βιαστικά
carefully (adv) = with great attention and care / προσεκτικά

lay eggs (phr) = to produce eggs / γεννώ αυγά
predator (n) = an animal that eats other animals / αρπακτικό ζώο
edge (n) = the line/place where sth stops / άκρη
perfect spot (phr) = the best place / το καλύτερο σημείο
crawl (v) = to move slowly and clumsily / έρπω, μπουσουλιάω
scrape away (phr v) = to remove sth by rubbing/scratching / απομακρύνω κάτι ξύνοντας ή τριβοντας
sand (n) = a powder that consists of extremely small pieces of stone / άμμος
lie (v) = to be in a horizontal or flat position / ξαπλώνω
dig (v) = to make a hole in the ground / σκάβω
be forced (v) = to be compelled / αναγκάζομαι
safety (n) = a place away from danger / ασφάλεια
settle (v) = to get comfortable / βολεύομαι
hole (n) = a hollowed-out area / τρύπα
cover (v) = to conceal / καλύπτω, σκεπάζω
process (n) = a series of actions that produce a change / διαδικασία
nesting season (phr) = the time when turtles lay eggs in a nest / περίοδος που οι χελώνες γεννούν τ' αυγά τους
check on (phr v) = to examine if sb/sth is safe / ελέγχω αν κάποιος/κάτι είναι σε ασφαλές μέρος
trust (v) = to have confidence in / εμπιστεύομαι
nature (n) = all the plants, animals, seas, mountains, etc. in the world / φύση

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tear apart (phr v) = to rip / ανοίγω σκίζοντας
eggshell (n) = the outer part of an egg / κέλυφος αυγού
beak (n) = the hard, curved or pointed part of a turtle's/bird's mouth / ράμφος
poke out (phr v) = to stick out / βγάζω έξω σπρώχνοντας
gram (n) = 1/1000th of a kilogram / γραμμάριο
instinct (n) = knowledge that has not been taught / ένστικτο
moment (n) = a specific point in time / στιγμή
guide (v) = to lead / οδηγώ, καθοδηγώ
protect (v) = to look after / προστατεύω
scramble (v) = to struggle / αγωνίζομαι, παλεύω για κάτι
eager (adj) = keen / που ανυπομονεί (να κάνει κάτι)
reach (v) = to arrive at / φθάνω σε
automatically (adv) = without thinking / αυτόματα, αμέσως
head towards (phr v) = to move in the direction of / κατευθύνομαι προς
reflection (n) = an image you see in a mirror or on the surface of water / αντανάκλαση, είδωλο
moon (n) = φεγγάρι
streetlight (n) = a light on a tall pole in the street / φως πάνω σε στύλο για φωτισμό δρόμου
artificial light (phr) = light from a non-natural source / τεχνητό φως
gender (n) = male or female / γένος (αρσενικό/θηλυκό)
occasionally (adv) = sometimes / πού και πού, μερικές φορές
survive (v) = to continue to live / επιβιώνω, καταφέρνω να ζήσω
damage (v) = to destroy; to harm / προκαλώ ζημιά, βλάπτω
fragile (adj) = easily damaged / ευαίσθητος, που μπορεί εύκολα να πάθει ζημιά
gull (n) = γλήαρος
hurry (v) = to move quickly / κινούμαι βιαστικά
evolve (v) = to develop / εξελίσσομαι
darkness (n) = no light / σκοτάδι

chance (n) = a possibility / πιθανότητα
fortunate (adj) = lucky / τυχερός
race (v) = to run quickly / τρέχω γρήγορα
shore (n) = the edge of the sea / ακτή
float (v) = to lie on the surface / επιπλέω
seaweed beds (phr) = στρώματα από θαλάσσια φυτά
plenty of (phr) = lots of / πολλός, αρκετός
shelter (n) = a safe place to stay / καταφύγιο

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grow (v) = to develop / αναπτύσσομαι, μεγαλώνω
feed on (v) = to eat / τρέφομαι με
bottom (n) = the ground under the sea / ο βυθός της θάλασσας
omnivore (n) = an animal that eats both meat and plants / παμφάγο ζώο (που τρώει τα πάντα)
prey (n) = an animal that is eaten by another / λεία, θήραμα
species (n) = the animals of a particular group / είδος ζώου
sponge (n) = σφουγγάρι
coral (n) = κοράλλι
sea worms (n) = θαλάσσια σκουλήκια
insect (n) = έντομο
lobster (n) = αστακός
fish eggs (n) = αυγά ψαριού
squid (n) = καλαμάρι
jellyfish (n) = τσούχτρα
include (v) = to have sth as one of its parts / συμπεριλαμβάνω
jaw (n) = each of the bones in the head that hold the teeth / σαγόκι
crush (v) = to squash flat / συνθλίβω, λιώνω
scaly points (phr) = hard sharp ends / σκληρές άκρες
front (adj) = in the part that faces forward / μπροστινός
claw (n) = each of the thin curved nails on animals' feet / δαγκάνα κάβουρα
tear off (phr v) = to break a piece of sth off the rest / σκίζω, κόβω
neck (n) = the part of the body between the head and the shoulders / λαιμός
sideways (adv) = to the left or right / στα πλάγια
point (n) = a sharp end / μυτερή άκρη
barnacle (n) = πεταλίδα
crab (n) = καβούρι
hitch a ride (phr) = to get a lift / μεταφέρομαι κάπου με ξένο όχημα
fight (v) = to battle / παλεύω, αγωνίζομαι
uncommon (adj) = unusual / ασυνήθιστος, σπάνιος
access (n) = the ability or permission to go somewhere / πρόσβαση, δυνατότητα να πάω κάπου
touch (n) = physical contact / άγγιγμα, επαφή
in circles (phr) = round and round / κυκλικά, γύρω-γύρω
warn (v) = to make sb aware of a possible danger / προειδοποιώ
circle (v) = to go around and around sth / κινούμαι κυκλικά
face (v) = to confront / κοιτάζω κατά πρόσωπο
aggressively (adv) = angrily / επιθετικά, αγριεμένα
snap (at) (v) = (of an animal) to open and close the mouth trying to bite sth / (για ζώο) προσπαθεί να δαγκώσει
swift movement (phr) = a fast action / απότομη κίνηση
tail (n) = the part of the body of an animal that extends from the rear / ουρά ζώου
upright (adv) = vertical / σε όρθια θέση
wish (v) = to want sth to happen / επιθυμώ, θέλω
curl (v) = to make into a rounded shape / τυλίγω, κουλουριάζω
willing (adj) = wanting to do sth / πρόθυμος

surrender (v) = to give up / παραδίδομαι
give up (phr v) = to stop trying to do sth / εγκαταλείπω, παρατώ
opposite directions (phr) = away from each other / αντίθετες κατευθύνσεις
chase (v) = to run after; to follow / κυνηγώ, καταδιώκω
winner (n) = the one who wins / νικητής
prize (n) = a reward / βραβείο, έπαθλο
hunt (v) = to chase sth to kill it and eat it / κυνηγώ θήραμα
stay alert (phr) = to keep aware of what is happening / παραμένω σε ετοιμότητα
moray eel (n) = σμέρνα (είδος χελιού)
rarely (adv) = seldom; not often / σπάνια
attack (v) = to use physical violence against sb / επιτίθεμαι σε
shark (n) = καρχαρίας
seal (n) = φώκια
killer whale (n) = φάλαινα-δολοφόνος

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illegal (adj) = against the law / παράνομος
meat (n) = the flesh from an animal that is eaten / σάρκα, κρέας
egg (n) = an oval object containing a baby produced by a female animal / αυγό
fishing industry (phr) = the business of catching and selling fish / συστηματική αλιεία
present (v) = to cause / προκαλώ, προξενώ
great danger (phr) = a big possibility of harm / μεγάλος κίνδυνος
fishing net (n) = a piece of equipment used to catch fish / δίχτυ ψαρέματος
line (n) = a long thin piece of nylon attached to a hook to catch fish / πετονιά ψαρέματος
trap (n) = a device used to catch sth / παγίδα
either (conj): used to present two alternatives / είτε, ή
injured (adj) = hurt / τραυματισμένος, πληγωμένος
return (v) = to go back / επιστρέφω, γυρίζω
surface (n) = the top part of sth / επιφάνεια
drown (v) = to die from being underwater and not being able to breathe / πνίγομαι
according to (prep) = as shown by a source of information / σύμφωνα με
carry out (phr v) = to perform / διεξάγω, εκτελώ
catch (v) = to capture / πιάνω, αιχμαλωτίζω
fishing gear (phr) = equipment to catch fish / αλιευτικός εξοπλισμός
threat (n) = a danger / απειλή, κίνδυνος
fortunately (adv) = luckily / ευτυχώς
prevent (v) = to stop sth from happening / εμποδίζω, αποτρέπω
plastic (n) = a synthetic material / πλαστικό (το υλικό)
nearly (adv) = almost / σχεδόν
dump (v) = to dispose of / πετάω, αδειάζω
item (n) = an object / αντικείμενο, πράγμα
sheet (n) = a thin rectangular piece of sth / φύλλο, λεπτό κομμάτι υλικού
float (v) = to lie on the surface / επιπλέω
jellyfish (n) = τσούχτρα
health problem (phr) = an illness / πρόβλημα υγείας
suffocate (v) = to die because of lack of air / πνίγομαι από έλλειψη αέρα
starve (v) = to suffer or die from hunger / λιμοκτονώ, πεθαίνω από πείνα
nutrient (n) = each of the substances that help animals and plants grow / θρεπτική ουσία

digest (v) = to pass food through the body / χωνεύω τροφή
clog (v) = to block / φράζω, βουλώνω
system (n) = the body's organs that perform certain functions / σύστημα οργάνων του σώματος (π.χ. το πεπτικό)
real (adj) = true / αληθινός, πραγματικός
insides (n) = the stomach / στομάχι
release (v) = to let go / απελευθερώνω
poisonous chemicals (phr) = dangerous substances that can make sb ill or die / δηλητηριώδεις χημικές ουσίες
due to (prep) = because of / εξαιτίας
climate change (phr) = the fact that the weather patterns change on a global level / κλιματική αλλαγή
global warming (phr) = the rising of the Earth's temperature / υπερθέρμανση του πλανήτη
affect (v) = to influence sth/sb / επηρεάζω
reproduce (v) = to have babies / αναπαράγομαι
population (n) = the number of sth in existence / πληθυσμός
decrease (v) = to become less / μειώνομαι, λιγοστεύω
development (n) = an area of new buildings / περιοχή με καινούρια οικοδομήματα
threaten (v) = to put sth in danger / απειλώ, βάζω σε κίνδυνο

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dedicated (adj) = used for only one purpose / αφοσιωμένος αποκλειστικά
conservation (n) = keeping sth safe and protected / προστασία, διατήρηση
law (n) = a rule that can be enforced by a court / νόμος
prevent (from) (v) = to stop sth from happening / αποτρέπω, εμποδίζω
trade (v) = to exchange goods for money or other goods / εμπορεύομαι
develop (v) = to design and make sth new / επινοώ, κατασκευάζω
device (n) = an object used for a certain purpose / συσκευή, εργαλείο
volunteer (n) = a person who works without pay / εθελοντής
ensure (n) = to make sure / εξασφαλίζω, φροντίζω να γίνει κάτι
estimate (v) = to guess / εκτιμώ, υπολογίζω
face (v) = to confront / αντιμετωπίζω
achieve (v) = to manage / κατορθώνω
feat (n) = an achievement / επίτευγμα, κατόρθωμα
entire (adj) = whole / ολόκληρος
remove (v) = to take sth away / απομακρύνω
litter (n) = rubbish / απορρίμματα, σκουπίδια
avoid (v) = to choose not to do sth / αποφεύγω
nesting site (phr) = an area where animals make their nests / περιοχή όπου τα ζώα κάνουν τις φωλιές τους
observe (v) = to watch / παρατηρώ, παρακολουθώ
from a distance (phr) = from far away / από απόσταση, από μακριά
disturb (v) = to interrupt / διακόπτω, ενοχλώ
nest (v) = (of an animal) to make a nest in order to have young / (για ζώο) κάνει φωλιά για να γεννήσει
rich (adj) = full and varied / πλούσιος, που παρέχει πολλή τροφή
grow strong (phr) = to become more powerful / δυναμώνω, γίνομαι πιο δυνατός
mate (n) = a partner / σύντροφος, ταίρι
circle of life (phr) = the life cycle / ο κύκλος της ζωής

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legend (n) = a very old story which might be true /
θρύλος, μύθος

ancestor (n) = a person you are descended from /
πρόγονος

twins (n) = two children born from the same mother on
the same day / δίδυμα

tear up (phr v) = to remove a tree by pulling it violently /
ξεριζώνω τραβώντας

peer (into) (v) = to look at sth very hard because it is
difficult to see / προσπαθώ να διακρίνω

shove (v) = to push sb/sth very hard / σπρώχνω, σκουντάω

toad (n) = an animal similar to a frog / φρύνος (είδος
βάτραχου)

mud (n) = wet soil / λιάσπη

sapling (n) = a young tree / δεντράκι

flint (n) = a type of stone / τσακμακόπετρα

have a cold heart (phr) = (of a person) to be unfeeling /
είμαι άπονος, δε δείχνω συμπόνια

spoil (v) = to ruin / χαλάω, καταστρέφω

thorn (n) = a sharp point on a plant / αγκάθι

give way to (phr) = to be replaced by sth / δίνω τη θέση
μου σε

eventually (adv) = in the end / τελικά

erupt (v) = (of a volcano) to explode / (για ηφαίστειο)
εκρήγνυται

respect (n) = admiration / σεβασμός, εκτίμηση

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be washed up (phr v) = to be left on shore by the tide /
ξεβράζομαι, βγαίνω στην ξηρά με τη δύναμη των
κυμάτων

release (v) = to let go / ελευθερώνω, αφήνω

the wild (phr) = a natural area away from people / η άγρια
φύση

current (n) = a tide / θαλάσσιο ρεύμα

off course (phr) = away from a chosen route / σε λάθος
κατεύθυνση, εκτός πορείας

surviving (adj) = still living / που κατάφερε να ζήσει

name (v) = to give a name to / ονομάζω

rescuer (n) = sb who saves sb else / διασώστης

fishing hook (n) = a small, curved piece of metal used for
catching fish / αγκίστρι ψαρέματος

stuck (pp) = fixed tightly / κολλημένος, σπηνωμένος

flesh (n) = the soft part of the body between the bones
and the skin / σάρκα

warm up (v) = to make hotter slowly / ζεσταίνω

increase (v) = to make sth grow in number or amount /
αυξάνω

tank (n) = a large container for liquid / δεξαμενή, μεγάλο
δοχείο

medicine (n) = a substance which can cure or treat an
illness or health problem / φάρμακο

cure (v) = to cause an illness to disappear / θεραπεύω,
γιατρεύω

infection (n) = a disease caused by germs or bacteria /
μόλυνση

tube (n) = a long hollow object like a pipe / σωλήνας

microchip (v) = to fit an animal with a small electronic
part which carries information on it / εμφυτεύω
μικροσίπ σε ζώο για παρακολούθηση